

Specific Metaphors

Issue	Experience	Images
Cancer	Rapid generation of mutant cell tissue.	Good cells gobbling up mutant cells.
Arthritis	Inflammation of the joints.	Soothing lubricant going through the joints.
Lower Back Pain	Acute ligament (sprain) or muscular (strain) problems.	Tight wrap around spinal cord for support and to reduce tension.
Insomnia	Can't sleep at night.	Reverse the events of the day, clearing the mind. Use the room of the mind.
Migraines	Releasing rush of blood to the brain.	Shrink the arteries in the head.
Infertility	Problems getting pregnant.	Create a fertile garden – see it growing lush and rich.
Liver Disturbances	Angry feeling, feeling uncomfortable.	See liver as a mirror. Polish clockwise with non-dominate hand. See mirror as clear.
Chronic Fatigue	Tired all the time.	Meet Inner Healer in Crystal Pool. Wash tiredness out.

